



Hospital Care Bags

Items for Parents/Guardians

- Prayer Shawl
- books, magazines
- Fuzzy slipper socks
- A fuzzy blanket (sometimes those waiting rooms can be cold!)
- Toiletries
 - small packets of Tissues
 - Toothbrush and toothpaste
 - Mouthwash
 - Shampoo
 - Soap
 - Shaving Cream and Razor
 - Nail Polish and file
 - Nail Clippers
 - Lotion
 - Chapstick
 - Wet Ones
- A towel
- A small bottle of laundry soap (there are machines for family members to do wash)
- Snacks
 - Food that could be microwaved or have hot water added, such as oatmeal and packaged soup
 - Pretzels
 - Crackers
 - Trail mix
 - Candy
 - Gum
- Lozenges
- Books of word games
- Books of Sudoku
- Mechanical pencils
- Book lights
- phone chargers
- earpods
- Gas Cards
- Misc. Gift Cards
 - Au Bon Pain
 - CVS
 - Visa/Mastercard
- Gift cards to grocery chain (for homecoming—gives the family something to look forward to)